

# Yeast Sticky Bun

375°

20-25 min

2 c flour {  
2 pkgs dry yeast {  
1/2 c sugar } B  
1 1/2 tsp salt } A

1/2 c soft margarine  
1 1/2 c hot tap water

Beat with mixer med speed

2 minutes. Add

2 eggs & 1 c. flour.

Beat high speed 1 minute

Stir in  
1 c. wheat germ

2 1/2 c. flour

Knead 5-10 minutes

Cover with plastic wrap  
let rest 20 minutes

Punchdown - divide and  
roll. Spread softened butter  
Sprinkle cinnamon sugar - raisins  
nuts - Roll & cut. Into  
Syrup filled, buttered muffin  
tins - Cover with plastic  
wrap & refrigerate 2-24 hrs.  
when ready remove let  
stand 10 minutes & bake  
on lower oven rack.

# Scones

paar biscuits

over 1 C. raisins

3/4 c. Crisco & butter

3 c. flour

4 tsp. lard pds.

1/4 tsp Soda

1/8 tsp salt

3/4 c. sugar

beat 1 egg white stiff

add 1 c. milk & add to

dry ingredients

pat out 1" thick  
 brush with yolk  
 water, sprinkle with  
 sugar - cut into  $\Delta$   
 with floured knife.  
 400° - turn down  
 to 350°

## CHALLAH

1 pkg. active dry yeast	1/8 tsp. saffron(optional)
$\frac{1}{4}$ c. warm water(105-115)	2 eggs
2tsp. sugar	2 tbls. vegetable oil
4 $\frac{1}{2}$ c. flour	1 c. warm water
2 tsp. salt	1 egg yolk slightly beat

Sprinkle yeast on  $\frac{1}{4}$  c. warm water.-stir to dissolve-add sugar-mix well-let stand 5 min. Sift flour woth salt and saffron. Make a "well" in center-drop in 2 eggs oil 1 cup warm water and yeast mixture- work into the flour. Knead on floured surface until smooth and elastic. Shape into a ball- place in greased  $\frac{1}{2}$  boel-turn over to bring greased surface to top.

Cover-set in warm place(85), free from drafts-let rise ~~about~~ 1 hour. Punch down-cover-let rise until double in size. Divide dough into three ~~about~~ equal portions. With floured hands roll each portion into 3 strips of equal length. Braid strips together-seal ends. Place into bread pan. Cover-let rise again until double in size.

Brush with egg yolk. Bake at 350 deg. about 50 min.  
or until golden brown.

# Kreplach Dough 5

2 c flour	{	2 c flour	{
1 egg		2 c eggs	
2 tbs water		3 c water	
pinch salt			

also for ↑  
various kis

<u>Homemade Noodles</u>		<u>Farfel</u>	
4 c flour	{ fall thin + dry 30 min. cut.	5 c flour	{ chop + Dry
4 eggs		4 eggs	
2 tbs water		2 tbs water	

Salt? (50-175 1/2 dollar size)  
water

## Pastry -

1 c. Margarine  
3 c. flour  
1 c. Boiling water  
4 tb. melted Marg.

fill - brush with beaten egg  
30 min

} Mix Margarine with flour  
& add boiling water -  
work into a dough &  
refrigerate for one to 3  
days - Roll thin spread  
with melted margarine &  
cut into squares

Bake 350°

# Knish Pastry #2

2 c flour  
1 top box pdr.  
dash salt  
2 eggs  
 $\frac{1}{2}$  C oil  
2 tb water

} mix dry ingredients, make a  
well add eggs, oil & water &  
work into a smooth dough.  
Roll thin brush w/ oil & cut  
into rounds <sup>fill</sup> & pinch. Bake  $350^{\circ}$   
30-35 min.

# Challah

3 tb. sugar  
4 pkgs. dry yeast  
 $2\frac{1}{2}$  c. warm water  
9 c. flour  
4 tbs. salt  
3 eggs.  
1 tb. oil  
egg yolk diluted <sup>in</sup> water  
poppy seed

Mix sugar, yeast &  $\frac{1}{2}$  c. water & set aside. Sift dry ingredients into a warm bowl. Add eggs, oil, yeast, mix & remaining water - Stir. Knead on floured board til springy. Set aside in a covered bowl & warm one hour. Knead again & let rise until doubled. Divide dough in half & cut each half in 3 parts. Roll into ropes - Fasten 3 ropes & braid -

Place in greased loaf pans or sheet - cover & double in bulk. Brush with egg yolk & sprinkle with seed - Bake  $375^{\circ}$  about  $50^{\circ}$  min.

350 degrees

16 rolls

### ORANGE ROLLS

Yeast dough

Grated rind of 2 oranges

Melted butter or margarine

1 cup confectioners sugar

3/4 cup sugar

$\frac{1}{4}$  cup orange juice

Roll dough out on lightly floured surface to a rectangle about  $\frac{1}{4}$ -inch thick. Spread with melted butter. Combine the 3/4 cup sugar and orange rind and sprinkle over dough. Roll up as for jelly roll. Cut into 1-inch slices. Place cut-side down in greased small muffin pans. Cover and let rise until doubled in bulk, 30-45 minutes. Bake at 350 degrees for 20-25 minutes. Mix confectioners sugar and orange juice. Pour over hot rolls.

OVER

## ANGEL WINGS

2 wh. eggs	1 T grated lemon rind
2 egg yolks	1 3/4 cup sifted flour
1/4 cup powdered sugar	Fat for frying
2 teas. melted butter	

Beat eggs and yolks until light and fluffy. Add sugar, butter, lemon rind and continue beating. Add flour gradually and mix well. Turn out on a lightly floured board and knead lightly. Chill.

Roll dough out on lightly floured board as thin as possible. Cut into strips 2" long and 1" wide.

Twist or cut gash in center and bring one end through gash. Fry in deep fat until golden brown. Drain and roll in powdered sugar.

$\frac{1}{2}$  pkg. dry yeast) Combezie  
1 TB. Sugar      } add  $\frac{1}{2}$  c. water  
 $\frac{1}{2}$  c. Lukewarm water  
    soak Bubbly yeast in the  
4 c. all purpose flour <sup>conserve</sup>  
1 egg + water to 1 cup { add rest  
1 TB. Sugar              of ingredients  
 $\frac{1}{2}$  tsp. Salt              &  
Knead

2 TB. Homogenized shortening dough.  
Keep kneading until dough begins  
to blister & comes off hands. Lately  
coat surface with shortening. Cover  
with towel. Set in warm place to  
raise for 40 minutes - Test by placing  
finger into center of dough.

Divide into 4 parts, roll each into  
long cylinder & braid 3 - divide  
remaining into 3 parts - cylinder &  
braid. Place small braid on top of  
large one. - greased baking sheet (one)

Cover again with towel. Raise  
until almost doubled. 30-40 min.

Broil over on greased sheet -

Then reduce to  $375^{\circ}$  for 50 min.

• Cool -

Just before brush surface  
with 1 egg yolk & 2 TB. water -

Sprinkle with poppy seeds

7/31-2783

DENTIST  
4/26/1991

Marta

# Sharon Allen - Mandel Bread

{ 1 1/4 c. sugar

{ 1/4 # Margarine

4 eggs - beat in 1 at a time

2 tbs Vanilla

1/2 tsp Salt

2 c. flour + 1/2 tsp baking powder

3 c. Pecans

4 1# aluminum pans - Spray

Bake @ 350° Check after 40 min.

Cool & remove from pan - Refrigerate  
overnite - Slice thin & bake @ 300°  
until very lightly browned. Watch!

# Mandie Bread

of 3 Eggs              1 c. Cake meal  
{  $\frac{3}{4}$  c. oil               $\frac{1}{4}$  c. pot. Starch  
  (1 c. sugar)               $\frac{1}{2}$  tsp Salt  
  
Oil 3 dice cube       $\frac{1}{2}$  c. flaked almonds  
Trays + fill               $\frac{1}{2}$  top cinnamon  
with mixture               $\frac{1}{2}$  orange juice & rum  
Chill one hour              Bake 325-350  
                                15-20 min  
                                slices & toast